



Providing GAHT in General Practice

A guide on resources to support GPs to provide Gender Affirming Hormone Treatment (GAHT) for over 18's via the Informed Consent model.

Please note: Testosterone initiated and prescribed by a GP will only be eligible for PBS scripts when requirements are met as outlined in 'Principles of testosterone based GAHT' in the AusPATH Standards of Care for Informed Consent GAHT (2026)



Australian Standards of Care for Informed Consent Gender Affirming Hormone Therapy (2026)

These guidelines offer expert Australian consensus on commencing gender affirming hormone therapy, using the informed consent approach, for trans and gender diverse (TGD) people seeking medical affirmation. Informed consent approaches to commencing gender affirming hormones are well suited to settings of primary care for patients who meet the criteria in the guideline.

E-Learning Module: Trans Primary Care

This 60 minute e-learning module has been developed by the University of Melbourne and has been endorsed by AusPATH. It is designed for GP's, practice nurses and medical students to become familiar with and sensitive to the diverse terminology, experiences, health issues, standards, and referral pathways with respect to TGD clients.



ASHM Gender Affirming Hormone Therapy (GAHT) courses and resources

ASHM provides both in-person and online courses that have been developed for eligible prescribers of gender affirming hormonal therapy, including those working in primary health care settings. Their courses cover various topics including how to implement an informed consent model of care in prescribing GAHT, holistic assessment, etc along with useful decision-making tools and resources.

TransHub - Information for Clinicians

TransHub, a digital information and resource platform for all TGD people in NSW, our loved ones, allies and health providers. This section of TransHub is for health professionals who are seeking to strengthen the clinical care they deliver to TGD patients and clients. It has been written in collaboration with leading health professionals who specialise in the healthcare and affirmation needs of TGD people across Australia.



HealthPathways



HealthPathways is an online clinical decision support tool designed to assist primary care providers at the point of care with guidance on management and referral information to ensure patients receive the most appropriate, timely care. Local pathways to support Trans and Gender Diverse (TGD) healthcare have been developed for NSW with various levels of input from state-wide leaders in this area. These pathways aim to facilitate care across the healthcare spectrum and are aligned with the latest local and international evidence-based guidelines. Please contact your local Health Pathways team to get access to your local Health Pathways region and find out about locally available TGD content.